



IT'S BEEN ON ON FOR 14 YEARS

The 13th Annual ConocoPhillips FIRST LADY CUP 10 km Fun Run - 5 km Fun Walk & FUNDRAISING CHALLENGE

SUNDAY 15 OCTOBER 2017 08.00 AM

- 10 Kilometre Run or 5 Kilometre Walk... Celebrating 14 years of First Lady Cup.
- Entry fee is **still only US\$5.00** per participant. Entries close 13 October 2017.
- Late entries accepted on the event day **15 October** only until 7.00am.
- Participants are strongly encouraged to hold a fundraiser to raise additional funds. The group/ contingent/office/ individual who raises the highest amount of money (through sausage sizzles, quiz nights etc) pro rata will be presented with the First Lady Cup by the First Lady Cidália Lopes Nobre Mouzinho Guterres after the Fun Run/Fun Walk.
- Proceeds of all fundraising activities must be received by 29 September 2017.
- The first 10 male and female to finish the 10 Kilometre Fun Run will receive prizes.
- Fun Run/Fun Walk will start from the 'Palacio do Governo' (GPA) & continue along the Beach Road to near Area Branca and back to the GPA.
- Entry forms available from; Rotarians Helping Timor Office in Timor Lodge, 'Dili Club', 'Beachside Hotel' & September issue of 'Guide Post'.
- Completed entry forms and payment can be made to all of the above.
- Free printed T-shirts will be supplied on the event day to the first 500 entries.
- Food available following the Run/Walk opposite the 'Palacio do Governo'.
- Free live entertainment provided. Free give-aways distributed during the event.
- For Timor Leste groups to enter, or further information, please contact;
- Ms. Ju Martins (7765 1386 / 7723 2015) Mr. Mario de Jesus (7733 2248)

Celebrate 14 years & join the fun!

All money raised will be donated to these charities: Proudly supported by major sponsor;



ENTRY FORMS BELOW

PART 1 ConocoPhillips 13th ANNUAL FIRST LADY CUP
10 KM FUN RUN – 5 KM FUN WALK & FUNDRAISING CHALLENGE
Celebrating 14 years... 8.00 am Sunday 15 October 2017
ENTRY FORM

NAME: _____ (Last Name) _____ (First Name)
 SEX: Male Female
 UN NGO LOCAL OTHER
 Do you have previous or present heart illness? Yes No
 I affix my signature to attest that I am in good health and condition.
 Date : _____ Signature: _____

(Part 1 - retained by the participant for collection of free T-shirt prior to event).

PART 2 ConocoPhillips 13th ANNUAL FIRST LADY CUP
10 KM FUN RUN – 5 KM FUN WALK & FUNDRAISING CHALLENGE
Celebrating 14 years... 8.00 am Sunday 15 October 2017
ENTRY FORM

NAME: _____ (Last Name) _____ (First Name)
 SEX: Male Female
 UN NGO LOCAL OTHER
 Do you have previous or present heart illness? Yes No
 I affix my signature to attest that I am in good health and condition.
 Date : _____ Signature: _____

(Part 2 - retained by receiver of US\$5.00 fee and endorsed accordingly).

Received by: _____ Date: _____